

Virginia Medicaid Waiver Service Descriptions

Adult companion care consists of non-medical care, supervision and socialization provided to a functionally impaired adult. Companions may assist or supervise the individual with such tasks as meal preparation, laundry and shopping and may also perform light housekeeping tasks which are incidental to the individual's care and supervision. This service does not entail hands-on nursing care.

Adult day health care means services designed to prevent institutionalization by providing participants with health, maintenance, and rehabilitation services in a congregate daytime setting.

Assistive technology consists of specialized medical equipment and supplies including those devices, controls, or appliances, specified in the plan of care but not available under the State Plan for Medical Assistance, which enable individuals to increase their abilities to perform activities of daily living, or to perceive, control, or communicate with the environment in which they live or which are necessary to the proper functioning of such items.

Attendant care is long-term maintenance or support services necessary to enable the mentally alert and competent individual to remain at or return home. The individual will be responsible for hiring, training, supervising and firing the personal attendant. For individuals 18 years of age and older, they must be able to manage their own affairs without help, be mentally alert and have no cognitive impairments and not have a legal guardian. If individuals receiving services are under 18 years of age, the legal guardian or parent will act on behalf of the minor.

Case management is the assessment, planning, linking, and monitoring for individuals referred for waiver services. Case management (i) ensures the development, coordination, implementation, monitoring, and modification of consumer service plans; (ii) links individuals with appropriate community resources and supports; (iii) coordinates service providers; and (iv) monitors quality of care.

Consumer-directed personal attendant services (CD-PAS) See attendant care definition.

Crisis stabilization will provide intervention to persons with developmental disabilities who are experiencing serious psychiatric or behavioral problems, or both, that jeopardize their current community living situation.

Day support is training in intellectual, sensory, motor, and affective social development including awareness skills, sensory stimulation, use of appropriate behaviors and social skills, learning and problem solving, communication and self care, physical development, transportation to and from training sites, services and support activities, and prevocational services aimed at preparing an individual for paid or unpaid employment.

Environmental modifications are physical adaptations to a house, place of residence, vehicle or work site, when the modification exceeds reasonable accommodation requirements of the Americans with Disabilities Act, necessary to ensure individuals' health and safety or enable functioning with

greater independence when the adaptation is not being used to bring a substandard dwelling up to minimum habitation standards and is of direct medical or remedial benefit to individuals.

Family and caregiver training will provide training and counseling services provided to families of individuals receiving services in the DD Waiver.

In-home residential support is support provided in the individual's home which includes training, assistance, and supervision in enabling the individual to maintain or improve his health, assistance in performing individual care tasks, training in activities of daily living, training and use of community resources, providing life skills training, and adapting behavior to community and home-like environments. This service is offered in the DD Waiver.

Nutritional Supplements is a stand-alone service in the AIDS Waiver. An individual may receive enteral nutrition that does not contain a legend drug when it is the individual's primary source of nutrition. Primary source means that nutritional supplements are medically indicated for the treatment of the individual's condition if the individual is unable to take nutrition orally. The individual may either be unable to take any oral nutrition or the oral intake that can be tolerated is not enough to sustain life. The focus must be the maintenance of weight and strength commensurate with an individual's condition.

Personal care services include assistance with personal hygiene, nutritional support, and the environmental maintenance necessary for individuals to remain in their homes and in the community.

Personal emergency response system (PERS) is an electronic device that enables certain individuals at high risk of institutionalization to secure help in an emergency.

Residential Supports means support provided in a licensed or certified residence or in the individual's home. This service is one in which support and supervision is routinely provided. Support includes training, assistance, and supervision in enabling individuals to maintain or improve their health, to develop skills in activities of daily living, and safety, in the use of community resources, and adapting their behavior to community and home-like environments. Reimbursement for residential support shall not include the cost of room, board, and general supervision. These services are offered under the MR Waiver.

Respite care (agency and consumer-directed) is a service provided to eligible individuals who are unable to care for themselves that is provided on an episodic or routine basis because of the absence of or need for relief of those persons residing with the individual who normally provide the care.

Nursing services are provided for individuals with serious medical conditions and complex health care needs who require specific skilled nursing services that cannot be provided by non-nursing personnel. Skilled nursing may be provided in the individual's home or other community setting on a regularly scheduled or intermittent need basis. Nursing services are ordered by a physician and are provided by a registered professional nurse, or licensed practical nurse under the supervision of a registered nurse, licensed to practice in the state.

Supported employment consists of training in specific skills related to paid employment and provision of ongoing or intermittent assistance and specialized supervision to enable an individual to maintain paid employment provided to developmentally delayed individuals.

Therapeutic consultation is provided by professionals in the field of psychology, social work, behavioral analysis, speech therapy, occupational therapy therapeutic recreation, physical therapy disciplines or behavior consultation to assist individuals, parents and family members, residential support, day support and any other providers of support services in implementing a plan of care.

Transition coordination is a service to guide, support and facilitate with someone who is transitioning from a nursing home, long-stay hospital or ICF-MR to their own home.

Transition services are for expenses related to setting up a household when an individual transitions from a nursing home, long-stay hospital or ICF-MR to their own home.